

## COVID19 Information for Parents

**We are writing to notify you of confirmed case(s) of coronavirus in the school or college which your child attends. Please read the following guidance carefully.**

Your child has **not** been identified as a close contact of the person who has tested positive for COVID-19.

If your child is well, therefore, you do **not** need to take any particular actions, nor to seek medical treatment, nor to change what you are doing.

Like anybody else during this current situation, you **are** being asked to monitor your own health, looking out for any symptoms such as cough or fever.

### What symptoms should I be concerned about?

You should look for any of the following symptoms:

- a new continuous cough
- a fever (*a temperature of 37.8°C or higher*)
- a loss of, or change in, the normal sense of taste or smell (*anosmia*)

**If your child develops these symptoms at any time**, however mild:

- you can **arrange for your child to be tested** via the NHS UK website <https://www.nhs.uk/conditions/coronavirus-covid-19/testing-and-tracing/>
- or by contacting NHS 119 via telephone if you do not have internet access.
- Your child would need to **self-isolate for 10 days** since their symptoms first started.
- **If the test is positive** all household contacts of your child would also need to self-isolate for 14 days since the symptoms first started.

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-people-with-confirmed-or-possible-coronavirus-covid-19-infection>

### If you need to seek medical advice

Seek prompt medical attention if your illness is worsening. If it's not an emergency, contact NHS 111 online at <https://111.nhs.uk/>

If you have no internet access, you should call NHS 111.

If it is an emergency and you need to call an ambulance, dial 999 and inform the call handler or operator that you have coronavirus (COVID-19).