



St James' Church of England Primary School, Haslingden

REGENT STREET, HASLINGDEN BB4 5HQ
HEADTEACHER: MISS F BRADY

TEL: 01706 214 134
EMAIL: OFFICE@HASLINGDEN-ST-JAMES.LANCS.SCH.UK

Suggested daily timetable whilst children are learning from home. It is important to set a routine and stick to it as much as possible. This is not an extended holiday just a different way of learning. Why not get the children involved in daily household chores too. This is the learning of life skills and an important part of your child's learning that school can't fully provide.

Times	Activity	Description
Before 9.00am	Wake up	Eat breakfast, make your bed, have a wash, get dressed.
9.00 -10.00am	Morning Activity	Outside if possible, eg, walk the dog, family walk, play ball in back yard/garden. You tube yoga if raining.
10.00 -11.00am	Academic Time	Work from home learning pack. <u>NO PLAYSTATIONS, XBOXES ETC</u>
11.00 – 12.00pm	Creative Time	Lego, Magnetics, Knex, drawing, crafts, play music,cook or bake <u>NO PLAYSTATIONS, XBOXES ETC</u>
12.00 – 12.30pm	Lunch Time	
12.30-1.00pm	Chore Time	A- Help with washing up / loading dishwasher B- Wipe table, door handles, light switches etc.



ENDURANCE FORGIVENESS FRIENDSHIP KOINONIA PEACE THANKFULNESS TRUST



1.00-2.00pm	Quiet Time	Reading, puzzles <u>NO PLAYSTATIONS, XBOXES ETC</u>
2.00 – 3.00pm	Academic Time	Activity from website lists or piece of work from home learning pack. Ipad / tablet or computer ok <u>NO PLAYSTATIONS, XBOXES ETC</u>
3.00 – 4.00pm	Afternoon Fresh Air	Outside if possible, eg, walk the dog, family walk, play ball in back yard/garden. Bikes /scooters etc. You tube yoga if raining.
4.00 – 5.00pm	Free Time	Children’s choice of activity. This can include playstations etc.
5.00 – 6.00pm	Dinner Time	Children could help prepare meal, set the table etc.
6.00 – 7.00pm	TV Time / Family Time	
7.00pm onwards	Bedtime	It is important to keep to a bedtime routine. Remember this is not a holiday.

ONLINE SAFETY – Please as parents and carers can you be extra vigilant to ensure your children are staying safe online whilst they are accessing it more frequently at home during this school closure. If you need any further advice or help about how to keep your children safe, please check our school website, where you will find lots of resources to help at home.

